





### HOW WE WAKE UP AND WHY WE SLEEP

Dr. Ravi Allada is the Edward C. Stuntz Distinguished Professor of Neuroscience, chair of the Department of Neurobiology, and associate director for the Center for Sleep and Circadian Biology at Northwestern University. The Allada Laboratory has discovered new pieces of the core circadian clock, including a link to neurodegenerative disease and components controlling daily rhythms of sleep and wake. Allada's laboratory has also identified molecular processes underlying sleep, including those linked to memory processing. His recent work extends discoveries in the fly to the mammalian system, including the development of diagnostic biomarker signatures and examination of the effects of jet lag on athletic performance in humans. His work has been funded by the National Institutes of Health, DARPA, as well as numerous private foundations, such as a Burroughs Wellcome Career Award and a NARSAD Young Investigator Award. Allada received his MD from the University of Michigan and completed a residency in clinical pathology from Brigham and Women's Hospital.



This talk corresponds with Tour 4—Now I Lay Me Down to

### Sleep (Hopefully) on Tuesday, October 16 or Wednesday,

# THE OTHER 58: WHAT THE 1 IN 59 RATE OF AUTISM MEANS FOR THE REST OF US

Julie Tracy founded Urban Autism Solutions in 2012 with her husband Michael after recognizing a need to provide residential, social, and vocational solutions for young adults with autism. A speech-language pathologist for more than 33 years, Tracy was also the owner of Pediatric Speech, Language, and Literacy Services, a boutique pediatric evaluation and therapy business which has been serving the needs of children with complex language and learning difficulties for more than 13 years. Tracy has also provided speech and language evaluation and treatment at Evanston and Glenbrook Hospitals, Northwestern Memorial Hospital, Chicago Institute for Neurosurgery and Neuroresearch, and the Cove Schools. Tracy received undergraduate and graduate degrees in speech and language pathology from the School of Speech-Communications Sciences and Disorders at Northwestern University.



This talk corresponds with Tour 1—On the Autism Spectrum: Managing Life's Challenges on Tuesday, September 11 or Wednesday, September 12.

### SOUTH SHORE: A PERENNIAL CHICAGO

### **NEIGHBORHOOD**

Rolf Achilles is an art historian, writer, photographer, and curator. He has been awarded the Freedom of the City of London and is an honorary Freeman, the Worshipful Company of Glaziers and Painters of Glass, London. Rolf is also honorary ambassador to Hamburg, Germany. He is on the board of the Richard H. Driehaus Museum, the Glessner House, and the Hegeler Carus Mansion; he is associated with cultural heritage projects in Illinois and the greater Midwest as well as in Europe and Asia. He is adjunct associate professor of historic preservation, School of the Art Institute of Chicago; founding curator of the Smith Museum of Stained Glass Windows; was consulting editor of the Dictionary of American History; and has published on the manufacturing history of Illinois, architecture in Chicago, movie palaces in the US, German scientists and the American West, and several German and Czechoslovakian ceramics manufacturers and artists, including Eva Zeisel.



This talk corresponds with Tour 2—South Shore: The History, Architecture, and Spirit of a Storied Neighborhood on Monday, September 17 or Tuesday, September 18.

## CAMPAIGNING FOR LITERACY: TALES FROM THE FRONT AND FOR THE FUTURE



This talk corresponds with Tour 3-Literacy: A Human Right on Tuesday, September 25 or Wednesday September 26.

Mara Tapp created Cool Classics!, an after-school program that uses bookbased, arts-integrated curricula to improve literacy and develop critical thinking skills in Chicago's public elementary school children. It won a 2017 National Arts and Humanities Youth Program Award, given to the nation's outstanding after-school programs by the National Endowment for the Arts, the National Endowment for the Humanities, and the Institute of Museum and Library Services, in cooperation with the National Assembly of State Arts Agencies. Tapp's journalism has featured Isabel Allende, Joan Didion, Frank Galati, Aleksandar Hemon, Moises Kaufman, Kerry James Marshall, Studs Terkel, Kurt Vonnegut, and Elie Wiesel. She hosted *The Mara Tapp Show*, an eclectic mix of public affairs, arts, culture, education, medicine, and legal issues, on WBEZ—Chicago's NPR affiliate. Tapp revived Conversations from Wingspread, which aired on Wisconsin public radio stations and nationally on 50 public access television stations. She has filed for NPR and written for many local and national publications.

### **ENGLEWOOD RISING: TELLING THE STORY**



This talk corresponds with Tour 5—Englewood Rising: Changing the Story on Tuesday, October 23 or Wednesday, October 24.

Asiaha Butler is a longtime resident, community strategist, and one of the most powerful voices in Greater Englewood, determined to uplift, inspire, and change the perception of her neighborhood. With Tonika Johnson, she co-founded the Residents Association of Greater Englewood (RAGE), whose mission is to mobilize people and resources to effect change in the community. She currently serves as president of RAGE; president of the Hamilton Park Advisory Council; chair of the Englewood Housing and Public Spaces Task Force; and recently founded her own housing development company to ensure that development in Englewood serves the community's needs, avoiding gentrification or displacement. Butler received her master's degree in inner city studies education from Northeastern University Illinois. She has advocated for education in the community, working with educators, parents, and others to develop a comprehensive educational plan for community schools.

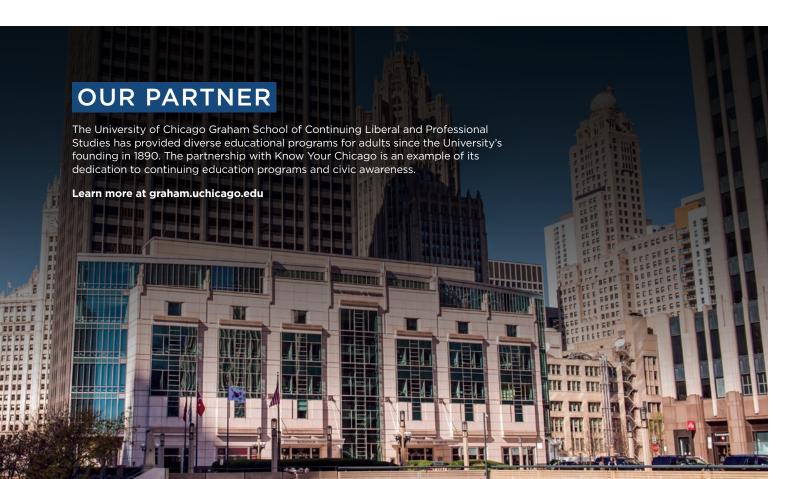
Laura S. Washington is a *Chicago Sun-Times* columnist and political analyst for ABC-7 Chicago. From 2003 to 2009, she served as the Ida B. Wells-Barnett University Professor at DePaul University. In 2015, she was a visiting fellow at the University of Chicago's Institute of Politics. Washington was the award-winning editor and publisher of The Chicago Reporter. A native of Chicago's South Side, she has spent her career covering the city's underserved communities, including investigative reports and a WTTW documentary, "On the Streets of Englewood." Washington served as deputy press secretary to Chicago Mayor Harold Washington; an investigative producer for CBS-2/ Chicago and correspondent for WTTW; and op-ed columnist at the Chicago Tribune. Washington earned a bachelor's and master's in journalism from the Medill School of Journalism at Northwestern University, where she has also taught and lectured. She is widely featured and quoted in the national media, including the Associated Press, New York Times, NBC Nightly News, MSNBC, PBS, and the BBC.

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# about

### 2018 TOUR SCHEDULE

**SYMPOSIUM** KNOW YOUR CHICAGO 2018 SYMPOSIUM 9/6 TOUR 1 ON THE AUTISM SPECTRUM: 9/11 or 9/12 MANAGING LIFE'S CHALLENGES SOUTH SHORE: THE HISTORY, ARCHITECTURE, TOUR 2 9/17 or 9/18 AND SPIRIT OF A STORIED NEIGHBORHOOD TOUR 3 LITERACY: A HUMAN RIGHT 9/25 or 9/26 TOUR 4 NOW I LAY ME DOWN TO SLEEP (HOPEFULLY) 10/16 or 10/17 TOUR 5 **ENGLEWOOD RISING: CHANGING THE STORY** 10/23 or 10/24



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### HONORARY MEMBERS

Shadi Bartsch-Zimmer Amy Rule

\*Former Chair



Mary Ward Wolkonsky (1907–2002) was an extraordinary woman who made significant and lasting contributions to the educational and philanthropic world of Chicago. Throughout her life, she offered her talents in a multitude of ways, focusing particularly on issues and organizations that advanced the role of women.

Wolkonsky loved Chicago. In 1948, she founded Know Your Chicago, not only as a way to share her excitement about our city, but also to educate women for civic participation. Over its long history, Know Your Chicago has enabled thousands to experience the unique, the serious, the humorous, the beautiful, and, often, the little-known aspects of this wonderful city.

Born in Michigan, Wolkonsky moved to Chicago in 1939 and quickly became involved in the life of the city. Her remarkable intelligence, charm, and leadership abilities made her an asset to many of the area's leading institutions, including the University of Chicago. This affiliation was a source of particular pride. She founded the Women's Board of the University, served as its chairman for eight years, and was named a University trustee in 1975.

Music was one of Wolkonsky's great interests. She was an excellent pianist, both classical and jazz; knew the lyrics of an amazing number of cabaret songs; and, even in her 90s, was always ready to put on her dancing shoes. She followed the careers of many of the great jazz ensembles of Chicago, often visiting the clubs where they played. This love of music led to her long involvement with the University of Chicago's music program where she served as chairman of the Visiting Committee to the Department of Music and founded the Jazz Archive.

Wolkonsky also founded Bright New City, a series of lectures and seminars on the physical and cultural aspects of Chicago. She was a member of the Board of Directors of the Lyric Opera and was instrumental in creating its Women's Board. She served on the boards of the Chicago Public Library Foundation, the Chicago Symphony, the Council on Foreign Relations, the Field Museum, the Chicago Art Institute, and Planned Parenthood. Her numerous awards and honors are a testament to her vision and character.

# **LEARN MORE** knowyourchicago.org